

BUSHIDO

Path of the Warrior

尊敬 規律

RESPECT

(Sonkei)

規律

DISCIPLINE

(Kiritsu)

執念

PERSEVERANCE

(Shinen)

謙虚

HUMILITY

(Kenkyo)

空

EMPTINESS

(Ku)

RESPECT

At RKD Karate, we believe in treating others with the utmost respect and dignity, regardless of their rank, experience, or background. Whether it's our instructors, fellow students, or the people we encounter in our daily lives, we strive to show respect in all our interactions.

DISCIPLINE

As martial artists, discipline is at the heart of our practice. It takes discipline to show up to class, to work hard on the dojo floor, and to continuously improve our skills and knowledge. By developing discipline, we build the foundation that enables us to achieve our goals and become the best versions of ourselves.

PERSEVERANCE

In martial arts, there will be times when we face challenges and obstacles. It's in these moments that perseverance is key. By staying focused and determined, we push through these difficulties and come out stronger on the other side.

HUMILITY

At RKD Karate, we believe in approaching our training with a humble mindset. By recognizing that there's always more to learn and grow from, we create an environment of growth and collaboration that benefits everyone.

EMPTINESS

The concept of Emptiness refers to a state of emptiness or stillness, which is a key component of many martial arts and especially RKD Karate. By embracing this state, we are able to find balance and inner peace, both on and off the dojo floor. This, in turn, allows us to approach our training and life with a clear and focused mind.